

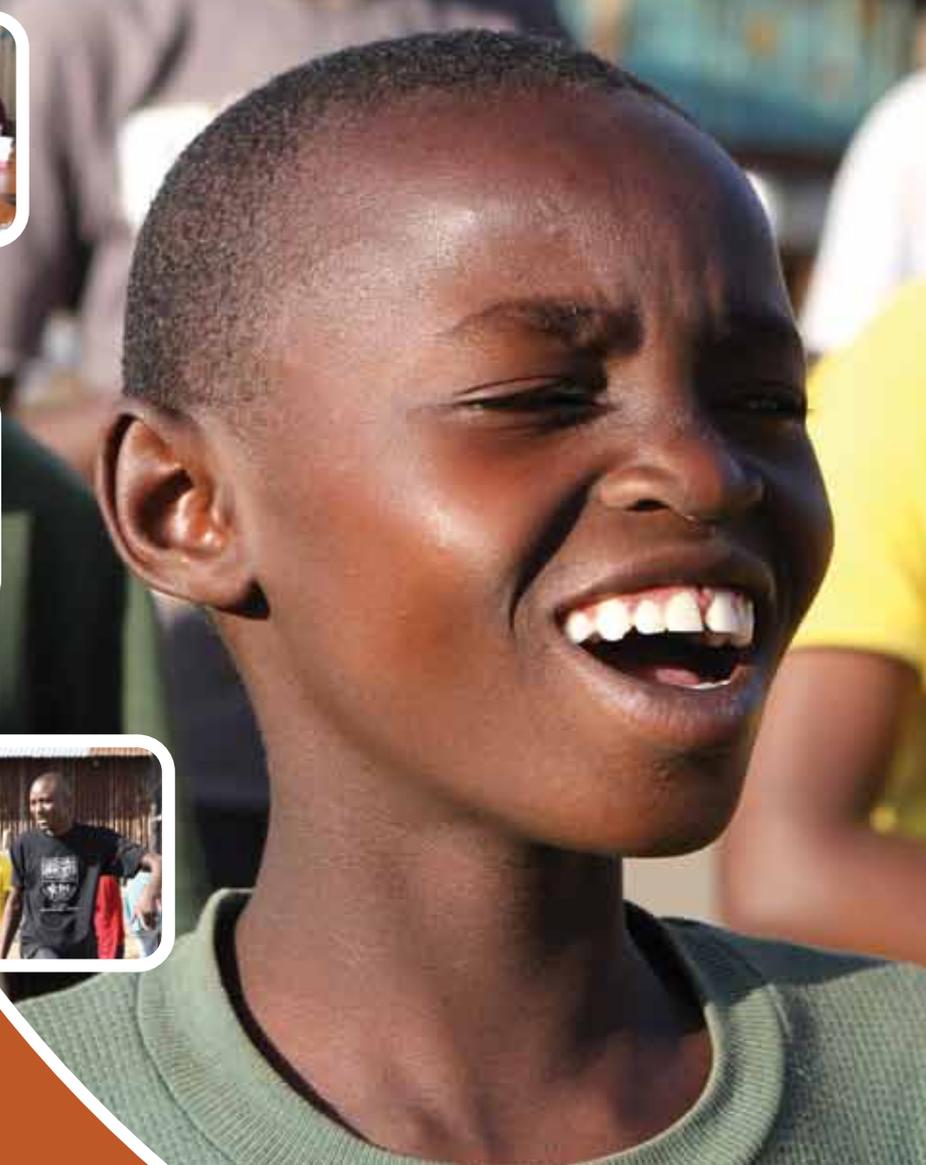


Hanne Howard Fund
Helping to realize the potential of Kenya's vulnerable children

HanneHowardFund (HHF)

Lenana Slum, Nairobi, Kenya

"Helping to realise the potential of
Kenya's vulnerable children"





About the HanneHowardFund



HanneHowardFund is a hands-on, grassroots organisation that provides full care for 130 vulnerable children in Lenana, a slum community outside Nairobi, Kenya in East Africa.

HHF was founded in 2006 by Hanne Howard and her husband Ted Horton. The HHF has rescued 130 children from dangers of life on the streets where malnutrition, TB and high risk HIV transmission are highly prevalent. Roughly 60% are orphans, 20% belong to HIV-infected mothers and 20% belong to destitute single mothers who are at great risk of becoming HIV positive. They also support refugee and abandoned children. HHF provides the children with education, daily meals, proper hygiene, clothing, shelter, structured activities and health care.

Most of HHF's children are residents of Lenana. 80% live with their grandmothers, mothers or guardians, while 20% live in HHF's hostel or attend boarding school.

HHF helped establish and have actively been working with HanneHowardFund/Lenana,(HHFL) a Kenyan registered, community based organisation that is run and managed by locals living in Lenana slum. HHFL has its own Chairman and Board of Directors in Kenya.

HHF is a registered Canadian charity that works directly with HanneHowardFund/Lenana, a Kenya registered, community-based organisation, six months a year.

More information on HHF and the children can be found on www.hannehowardfund.org

HHF programmes

Our scope of work has been expanding at a steady pace since its inception according to urgency and need. With thanks to our generous donors, we have been able to expand our portfolio of programmes from a single feeding effort to include health-related efforts such as HIV testing, education opportunities and a range of fun and creative activities for the children.

Although we are encouraged by the improvements in overall health, much work remains to be done. Counselling and dental care is needed and our leadership programme and clubs also require more support. We welcome additional funds to continue building on these and other efforts.

HHF premises

The HHF premises consists of six adjoining single room shacks and a small dirt field within a fenced area in Lenana. Three of the shacks make up the new Tiny Tots Early Childhood Centre. Two of the shacks double as a study area, meeting place and hostel for over 30 of our orphaned children. The remaining shack is our administration office.

The HHF premises also includes a kitchen and eating area, three outhouses and most recently, a water tank and two showers. We also have electricity.

The hostel

Our hostel is within our premises and is currently home to 31 orphaned needy boys and girls in separate dorms.

The hostel grew out of a desperate need to find a solution for abandoned children and orphans. The children currently have their own bed and trunk for clothes, plus a closet to hang their uniforms and shoes. There is also

a communal sitting area where the children congregate to interact, read and study.

The feeding programme

All children in Lenana suffer from malnutrition in one form or another. The lack of a proper and balanced diet leads to a weak immune system placing these disadvantaged children at great risk. HIV and TB infected kids suffer the worst consequences. Rickets and teeth problems are also prevalent.

The feeding programme was the Fund's first initiative and remains a strong priority.

All our meals are prepared in our kitchen by our loving and dedicated cook, Mama Margaret.

Healthcare programme

Our healthcare programme is still developing as funding restrictions have made it difficult to focus more comprehensively on this effort. However, we offer the following services:

- Compulsory HIV testing for all children.
- Compulsory de-worming programme
- TB screening (x-rays) for suspicious cases.
- Prescription drugs.
- Daily cod liver oil and multivitamins for the very fragile.
- Dental care for those in need. (A solid prevention plan is urgently needed.)
- Eye care and eyeglasses for those in need.
- Limited counselling services.
- In-house first aid kit managed by our housemother.
- Payment of all hospital and hospitalisation charges.



Educational programmes

Education programme

Thousands of children do not attend school in Africa because their parents or guardians cannot afford the school fees, uniforms or supplies. Education is at the core of the HHF. All children enrolled in our programme must attend school. We follow and plan each child's progress very carefully. HHF provides the following:

Primary day schools: The majority of our children attend Ngong Forest and St. Nicholas Primary day schools. The cost per year, per child is \$600 and includes uniforms, shoes, books, supplies, field trips, transportation and lunch.

Primary school boarders: A handful of particularly needy primary school children have been selected to attend boarding school at Kilgoris Academy in the Trans Mara.

The cost per year, per child for boarders is \$1200 and includes uniforms, shoes, books, supplies, field trips, transportation, room and board and daily meals.

High school boarders: We have an increasing number of high school children due to the successful transition from primary school. They attend government high schools around Kenya. The schools are costly and only offer boarding opportunities.

University and college

In 2009, we celebrated our first two graduates from high school. Both students have been accepted into University and College in Kenya. They will start their post-secondary studies in Accounting and Business Administration in February 2011.

Tiny Tots Early Childhood Centre

In Lenana, children as young as two years of age are roaming aimlessly in the slum with little guidance or supervision.

To address this problem, the HHF created the Tiny Tots Early Childhood Centre in March 2008 giving our toddlers the head start they need. We accept children between the ages of two to six up to a maximum of 20 children.

The progress has been immense and the Tiny Tots are flourishing. Our teachers are very loving and dedicated slum volunteers who also belong to our vocational programme and are pursuing their teaching degrees.

Tutoring programme

Our tutoring programme provides after-school support to primary children who are struggling with their basic reading and writing skills. Most of the children in this category either started their schooling late or were forced to abandon their studies at an early age. The programme also provides supervision for these children and help with their homework.





Extra curricular activities

Extra curricular activities have become an integral part of the HHF mandate. Our first activities-based initiative was introduced on Saturday mornings with an Art and Sport Club. Since then, the scope of activities has broadened as has the number of participants. The transformational effect that the activities bring to the lives of our children is unparalleled. The Clubs promote friendship, encourage fair play and leadership, dissolve ethnic tensions and help teach children to resolve conflict peacefully. The children spend their free time on our premises. Holidays are especially busy as our premises turns into a "summer camp" where the children are divided into "houses". The older boys often organise football or volleyball tournaments while the girls and younger children cheer them on with playful chants and drumming.

Current events discussion group

Mediated by Ted Horton, the current events discussion group is a weekly discussion session of news and current events with our class 7 and 8 students, and when they are home, our high school students. Participants are assigned articles, typically from one of the national newspapers and required to explain and analyse the story. The sessions encourage critical thinking, build self-confidence and improve spoken English language skills, while promoting lively discussion.

Arts & crafts club

Duncan, a very talented artist and slum resident, runs the Arts & crafts club. He offered his services as a volunteer two years ago. Since then, he has become a valued staff member and a role model to all our children. This Club operates on a daily basis but is most active on Saturday mornings. At the end of each term, we prepare an art exhibit where the works of art are judged. The exhibition

encourages an impressive and imaginative array of art!

Scouts troop

We founded the HHF Scout Troop in 2008 and now have 31 proud young scouts. This club is teaching children to be highly disciplined. Our scouts were accepted by the Kenyan Scouts Organisation in August 2008 and continue to enjoy learning new scout routines and techniques.

Drama club

The HHF Drama Club was founded in 2008. There are three groups within the Drama Club; the Skits Group, the Music Group and the Drama Group called the HHF Parrots who have become entertainment for the entire slum. They often put on shows for everybody to enjoy and are hoping to qualify for the Government Annual Drama Festival which takes place every December.

Music club

Music is an important part of African life. The Music Club currently consists of a girls' cheer leading group who love to support their favorite HHF sport teams during tournaments! The Club also has a recorder group. The children love to play this instrument, and we hope to find a music teacher soon to further develop this group.

Sports club

Football, volleyball and gymnastics are some of the children's favourite sports activities. Tyre racing is also very popular with the small ones! The HHF football team is very popular and played by both boys and girls. The teams compete amongst themselves alongside their coaches who are primarily Lenana residents.

What does HHF look like?



Many people ask us what the HHF is like. We hope some of these photos can give you a better idea. It's a special place. The children feel safe. There is lots of laughter and singing. You see children working hard and studying, while others are playing games and enjoying their childhood.

Although the children have very little, and have experienced great losses in their lives, they are happy. They feel love. Most importantly, through the HHF, they have the opportunity to grow up to be responsible young adults who will one day contribute to Kenyan society.

How can you help?

To continue to help the children in Lenana, we need financial support from donors, the easiest way is for individuals or companies to "sponsor" a child. Right now, we have more than 50 children who could really use a sponsor. For an up to date list please see our website: www.hannehowardfund.org We find that many of our sponsors like to build a relationship with their sponsored child. Many write letters or send emails, while some have even come to visit.

Become a:	Monthly	Yearly	This covers:
Foster parent	\$100	\$1,200	Full care for one child
Foster brother or sister	\$50	\$600	Education for one child
Foster aunt or uncle	\$25	\$300	Daily meals for one child
Foster friend	\$10	\$120	Healthcare for one child

(donations can be made annually, quarterly, or monthly)

Sponsorship in action

Seven year old Matthew and his Canadian / British family live in Dubai. They have been supporting eight year old Muli for three years. When Muli first arrived at HHF, he had lost both of his parents. He and his brother Steven hadn't been to school and spoke very little English. Today Muli is fluent in English, he's excelling at school and he is a bright and happy boy full of confidence. Muli and Matthew have become close friends - exchanging letters and emails frequently. Matthew has visited Muli and the project twice. The sponsorship has made a lasting impact on both boys who are now firm friends and call each other "brothers".





To sponsor a child

You can donate online via our website or through bank transfer. We can issue tax receipts for donors in the US and Canada. Contact us for more information.



Corporate donors

For any organisation who would like to include HHF as part of their CSR programme - please contact Hanne direct: hanne@hannehowardfund.org



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